

A stack of various newspapers is shown, with a rolled-up newspaper in the foreground. The rolled-up newspaper has the word "NEWS" printed in large, bold, serif letters, and "News & Events" in a smaller, italicized font below it. The background is a soft, out-of-focus stack of newspapers with colorful mastheads.

Fillerina[®]

INTERNATIONAL PRESS COVERAGE

LABO
LABO COSPROPHAR



will be available across the country next month.) Microdroplets of low-viscosity hyaluronic acid—meaning the product has a more fluid texture than traditional hyaluronic acid fillers—are injected closer to the surface of the skin than a typical filler. “It’s good for someone who doesn’t need volume but wants to improve the elasticity, smoothness and appearance of their skin,” says Kellett, who has also had success using it to treat the neck and the backs of hands. **POTENTIAL RISKS & SIDE EFFECTS** Temporary bruising and puffiness.

THE LIPO ALTERNATIVE SculpSure is a laser treatment that removes fat in the body by heating cells to the point of rupture (between 42°C and 47°C) over a 25-minute treatment. “It’s not liposuction, but it’s the best non-surgical, predictable way to kill fat that I know of,” says Dr. Stephen Mulholland, who has been working with the non-invasive, no-downtime device for over two years. The SculpSure machine has four lasers that penetrate to a depth of about 2.5 centimetres, treating up to 24 to 30 percent of superficial fat—that’s about one to three centimetres of reduction in the squishy zone. (In Canada, it’s currently approved for use on the abdomen, hips and thighs.) Once destroyed by the lasers, fat cells are released into the body, where they are filtered out through the kidneys or liver after about six weeks. The lasers operate at a wavelength that is not attracted to melanin; they pass through the skin to fat (a topical chiller ensures that skin remains cool at all times—though do expect to feel some warmth during the treatment) making the procedure safe for all skin tones. At his Toronto office, Mulholland offers a treatment he calls “DoubleSure” that involves two devices—that’s eight lasers—working simultaneously. “In less than an hour, you can treat that entire annoying fat layer,” he says. **POTENTIAL RISKS & SIDE EFFECTS** About 5 percent of patients experience walnut-size nodules (small inflamed clumps of fat in the treated area) that will disappear within weeks. Patients also need to be realistic about what can be achieved, he adds. □



This non-invasive gel promises to plump lines using six different types of hyaluronic acids and the peptide Matrixyl. The formula is available in three strengths. Fillerina Dermo Replenishing Treatment (\$190)

HOME HARDWARE MAINTAIN YOUR RESULTS WITH THESE PRODUCTS:



A patented form of vitamin B₅ improves the absorption of oleic acid, an omega-9 fatty acid that can help to restore skin’s moisture barrier, in SinVectin Advanced Acid Repair NIA 14+ Oleic Rapid Recovery Milk (\$89).



As estrogen declines with age, so, too, do collagen and calcium, giving skin a craggy texture. No7 Restore & Renew Face & Neck Multi Action Serum (\$26) promises to replenish stores of peptides, ceramides and calcium amino acids to firm and smooth.



Caviar proteins and lipids are isolated and then recombined in La Prairie Skin Caviar Absolute Filler (\$75) for the brand’s most potent anti-aging moisturizer yet.

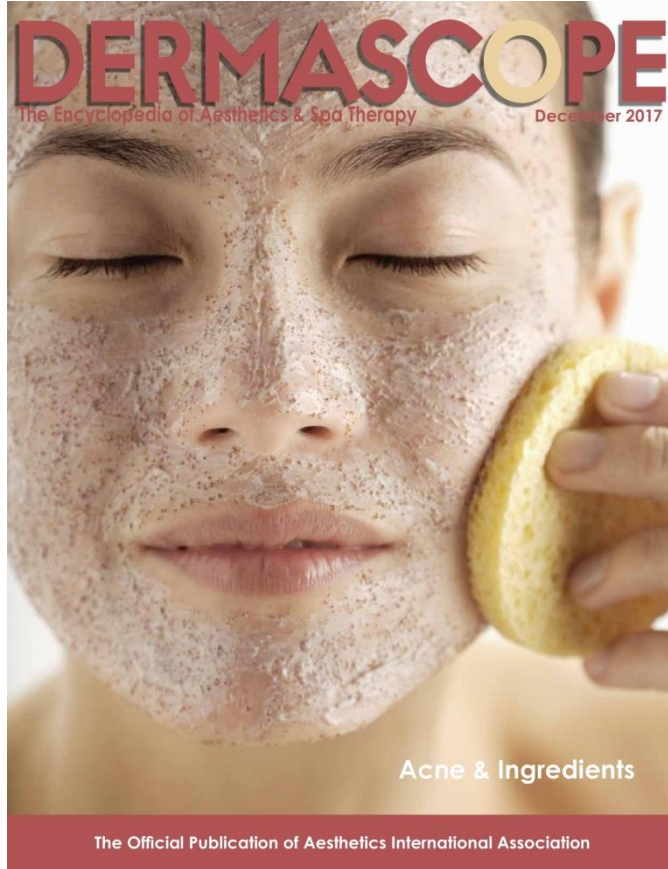
Whip together the peptide and botanical-extract-rich serum with the gel solution, point it over your face and feel it tighten as it dries. (You will—temporarily—appear to age a few decades.) Thirty minutes later, remove the mask for brighter skin. Honacure The All-in-One Facial (\$37). For details, see Shopping Guide.



BLEIDED FAMILY

“Technology has developed so well that we can achieve surgical-like results,” says Chantal Ward, a registered nurse and clinical director of Toronto’s Clarity Spa, of non-invasive treatments. And with the newest treatments requiring less downtime, there’s more potential for combination therapies that reach skin at various layers, netting a more natural finish. A typical example of an anti-aging program that targets everything from skin texture to sagging would start with **Ultherapy**, which Ward says is the foundation of a younger, fresher face. The once-yearly treatment “tops ultrasonic energy to lift and tighten deep layers of skin” while prompting a collagen response and can improve fine lines and wrinkles on the face and neck. From there, Ultherapy can be—and often is—combined with **Intracel micro-needling**, a process in which a wand with dozens of tiny needles is placed into the skin’s dermal (second from top) layer before a radio frequency is transmitted; this is then repeated across the face. It can be used on all skin types and treat large pores, scars and photoblogging as well as creases and fine skin. It’s considered comfortable compared to its painful predecessor, the Fraxel laser. (And downtime is up to two hours versus Fraxel’s week or two.) Ward says she commonly combines these therapies with fillers, neurotoxins (like Xeomin or Botox) and intense pulsed light.





GAME CHANGERS

Private Label

Many spa owners opt to work with private labels as they are able to customize and brand a product that is already formulated. Often, it is also a cost-effective way to produce a line of products. Here are a few ingredients essential to the efficacy of the private label lines listed below.

ORGANIC ALOE BARBADENSIS LEAF EXTRACT

Packed full of vitamins, minerals, amino acids, and polysaccharides, organic aloe barbadensis leaf extract (aloe vera extract) packs a punch against acne-prone skin. It is known for its healing properties, minimizing the appearance of acne wounds and scarring. The natural anti-inflammatory properties cause a reduction in inflammation, while the growth hormones found in the extract generate new cells, revealing fresh, radiant skin.

PSEUDOALTEROMAS FERMENT EXTRACT (PFE)

This extract is actually a strain of bacteria that acts as a peptide. PFE is a protein derivative containing histidine, lysine, and glycine amino acids. All of these amino acids work together to boost hydration and collagen levels, heal scarring, and increase collagen production, resulting in healthy, smooth skin. This extract is also known as Antarcticine because it originates from mud found on King Charles Island in Antarctica.

COPPER PEPTIDES

When used in skin care products, this ingredient is often present to promote anti-aging. Studies show that copper peptides encourage a boost in collagen and elastin levels, causing more elasticity and visibly smoothing fine lines and wrinkles. Copper peptides also act as antioxidants, accelerating the production of glycosaminoglycans. Thus, removing damaged collagen and elastin.



AMP Medical Products
AMPlash™ by AMP Medical Products is a medical grade eyelash enhancement serum available without a prescription. This clinically proven, non-prostaglandin formula contains a tri-peptide blend, combined with the highest grade botanicals, six certified organic extracts, and plant stem cells. The AMP exclusive, certified vegan, ophthalmologist-developed formula is clinically proven to significantly stimulate keratin genes for longer, thicker, fuller eyelashes in as little as two weeks. AMPlash is available for private label in as little as 12 units to accommodate any size aesthetic practice. 844-267-7546 or ampmedicalproducts.com



Fillerina

Fillerina PLUS Replenishing Treatment is a revolutionary, no-needle, dermo-cosmetic filler for at-home use that contains a blend of eight hyaluronic acids with different weights and structures to facilitate the plumping of tissues without puncturing the skin. Featuring a patent for the formula containing the eight different molecular structures of varying weight and size of hyaluronic acid and patent for the precision applicator, Fillerina PLUS is the only cosmetic product that allows large quantities of hyaluronic acid to penetrate deep into the coetaneous tissues, without injections. 844-267-6560 or fillerinausa.com



Fillerina



Helix BioMedix Inc.

The **Copper Peptide Serum** nourishes cells with copper, which is essential for elastin and collagen production. It helps reduce the appearance of fine lines and wrinkles, while firming the skin and improving its texture. This lightweight serum hydrates the skin, absorbing relatively quickly. 877-785-6367 or helixbiomedix.com





best of 2016

The Sun Damage Tracker
LA ROCHE-POSAY MY UV PATCH, FREE, AT SELECT DERMATOLOGISTS' OFFICES

With apps to count our every color, step, and tuss and turn, tracking our own health data is now the new norm. This first-of-its-kind invention from L'Oréal's Technology Incubator brings the brand into beauty with a wearable sensor—in the guise of a heart-shaped sticker—that keeps tabs on your level of sun exposure for up to five days. The patch's photosensitive dyes gradually change colour as they absorb UV rays, and then it communicates the info to a companion app via NFC (near-field communications—the kind of chip that lets you tap to pay with a credit card). The upside? You get the signal before you get burned.

WE TRIED IT: Although the design is a little too cute to be cool, we predict this patch is a sign of things to come: next-gen beauty tech that's as wearable as your Fitbit.

The On Call Glam Squad
REGLAMMED

Basically the Uber of beauty, this new-to-Toronto app (launching soon in Vancouver) will summon a highlight artist or makeup artist for a primp session at your locale of choice. Founded by former M.A.C. veteran Mella Pacheco, the L.A.-based company vets all talent, and prices are on par with salon rates (from \$40 for a blowout to \$85 for makeup). You can even book groups for bridal-party prep.

WE TRIED IT: With no time to leave the office, we squeaked in a last-minute appointment of our kind: it doesn't get more convenient than that. You do need to be engaging about who shows up—the pros are freelancers who can choose to take a gig based on their availability—though you can request the same artist for future bookings.

The Quickie Tooth Brightener
PHILIPS ZOOM QUICKIEPO, \$150

To get teeth cab-stay sparkling, the options are typically pricey (on average, \$200 for in-office whitening) or the consuming (some at-home strips call for weeks of wear). This treatment costs way less, acts fast and promises minimal sensitivity—and it can be tackled onto your usual dental cleaning.

Touted as the first dual-layer whitening formula, your dentist applies a coat of 20 percent hydrogen peroxide and then is resistant to lock it in place, so it doesn't stray onto gums. After five minutes, you can dash out the door; 30 minutes later, you wipe off the film and your pearly are up to four shades lighter.

WE TRIED IT: Our teeth felt a wee bit sensitive post-treatment, but it was gentler than other in-office bleaching. The brightening was noticeable, and the yellow teeth around the gum line left behind by some at-home vendors.

The Five Minute Blonder
JOHN FRIEDA SHEER BLONDE GO BLONDER IN-SHOWER LIGHTENING TREATMENT, \$13

Natural-born (and self-made) blondes wanting to go a notch lighter can now actually wash and go. This gentle single-step treatment packs just enough hydrogen peroxide to brighten highlights or all-over colour in between dye jobs. Apply it to wet hair, leave it for five minutes and then rinse away. You can also concentrate the product on roots to soften the look of regrowth.

WE TRIED IT: The lightening is mild and subtle—like the hair equivalent of Botox—but it pleased our resident blonde-aholic.

The Faux Filler
FILLERINA BY LA ROCHE, \$190

Despite the unassuming syringe-like applicator (meant to precisely dispense the product along wrinkles and smile lines), this "filler" is made-to-stay. But the topical gel's hero ingredient is the same one you'd get with in-office injectables like Restylane: hyaluronic acid (HA). Naturally occurring in the body and a renowned moisture magnet, HA swells up to 1,000 times its size as it binds to water. The payoff? Less glaring creases. Getting rid of the acid under the skin is no easy feat when you're not injecting it, so this formula features HA in six different molecular weights for better absorption.

WE TRIED IT: The gel is quite thick, so we applied it to our forehead lines at night pre-moisturize to avoid pilling, and onto our bare lips. Within a few days, our lips looked a little plumpier and, after two weeks, the lines less obvious.



FILLERINA
1 Hyaluronic Acid
Pre-moisturizer Gel
1.0 FL. OZ. (30 mL)

NOVEMBER 2016 BEAUTY

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